



For more information

[www.clubolyrunning.com](http://www.clubolyrunning.com)  
[clubolyroadrunners@gmail.com](mailto:clubolyroadrunners@gmail.com)



MAXILLOFACIAL SURGERY

**SPORTS  
XTREME**



5k

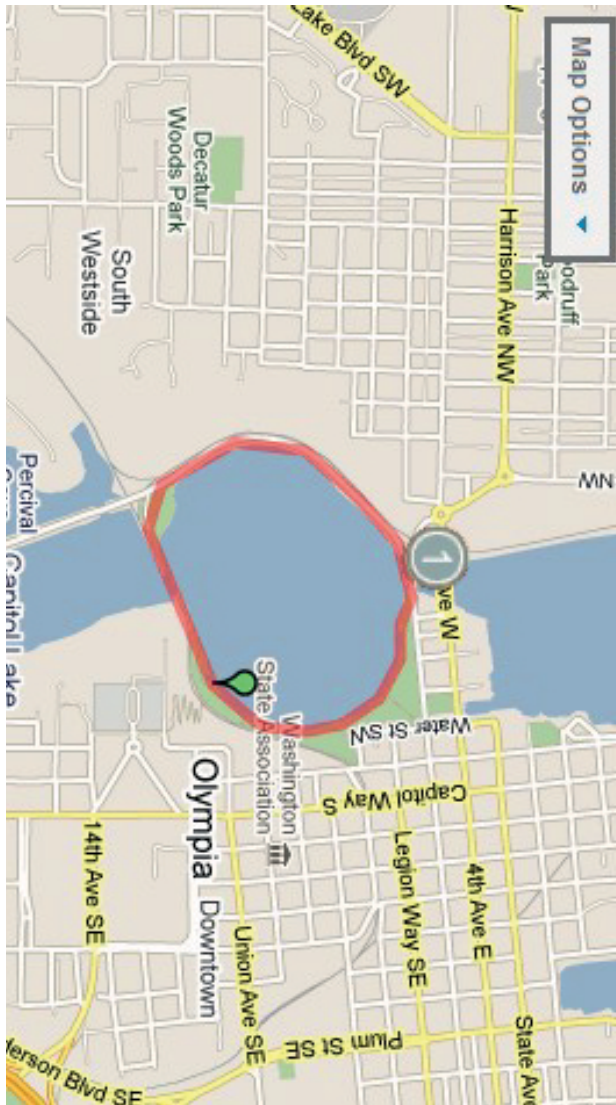
April 5th, 2014 9:00am  
Heritage Park, Olympia, WA



# Come Join Us:

April 5th, 2014 at 9:00am  
Heritage Park, Olympia WA

## ROUTE MAP



# Registration Form:

Run Like a Fool 5k • April 5th, 2014

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ Gender:  M  F

Registration Fee(including state tax):

- \$25 Members
- \$30 Non-Members
- \$35 Day of Race 8:00am
- \$28 Silver Striders or Guerilla Running

Cash  or Check# \_\_\_\_\_

Check payable to: Club Oly Road Runners

Packet pick-up is day of race beginning at 8am.

Shirt Size:

XS  S  M  L  XL

\*Sizes and quantities are limited.

**Register by March 21st to guarantee shirt and shirt size.**

Register at:

South Sound Running  
3409 Capitol Boulevard  
Olympia, WA 98501

Register Online:

[www.clubolyrunning.com](http://www.clubolyrunning.com)

(online registration closes April 2nd at Midnight)

### Waiver and Release:

I know that running, regardless of the distance, includes an element of risk. I should not participate in Club Oly Road Runners events (hereinafter "group events") unless I am medically able and properly trained. I agree to abide by all rules of the road as defined by the Revised Code of Washington. I assume any and all risks associated with participating in group events including, but not limited to, illness, traveling to and from the group events, falls, contact with other participants, the effects of the weather (including temperature extremes and humidity) and the surface conditions of the roads and sidewalks, all such risks being understood and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my application, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Club Oly Road Runners, its officers, agents and employees, event officials, volunteers and any and all other sponsors, suppliers, agents, independent contractors, employees and any other personnel in any way assisting or connected with group events from any and all claims or liability of any kind or nature whatsoever arising out of my participation in group events, even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver. I also understand and agree that Club Oly Road Runners may subsequently use, for publicity or promotional purposes, my name or pictures of me participating in group events without liability or obligation to me. Applications from minors will be accepted only with a parent or legal guardian's signature.

I agree to the waiver and release:

\_\_\_\_\_  
**(signature & date).**

Parent/Guardian Signature (if under 18)